



# The Heritage

Heritage Chapter Bluebills  
Boeing Retiree Volunteer Newsletter

March 2022

WWW.BLUEBILLS.ORG

VOLUME 28 ISSUE 03

## Chairman's Report



By Richard Vaughn

The first of this year (2022) computer access in the Bluebills office was discontinued. All Bluebill's computer accesses were closed because, in their opinion, we are *RETIREEES* and do not need access to Boeing computers.

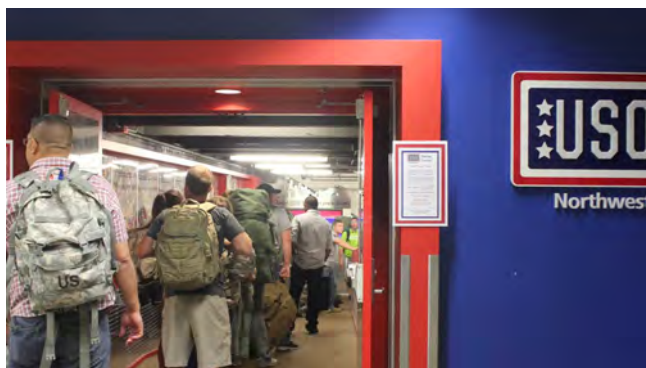
The office is completely shut down without the ability to access our database and other essential documents that we work with every week. It is difficult to spend our time there and not be able to keep records and perform other tasks that are necessary to continue operating.

Bluebill's Boeing representative, Rachel Peterson, is moving to Washington, D.C. She has her regular job to do and has been unable to find a solution to this problem. No replacement for her or another contact with Boeing has been identified.

It appears that Boeing no longer wants or is interested in supporting their retirees in Seattle. Let's hope this does not happen.

*Richard*

e-mail: [rhvaughn32@icloud.com](mailto:rhvaughn32@icloud.com)



## USO Volunteer Openings

USO Northwest has openings for volunteers at our SEATAC airport lounge. The lounge provides comfort for military service members as well as their families and pets as they pass through SEATAC. Volunteers serve 2 four hour shifts per month. Parking at the airport is free while volunteering.

If you are interested or you would like more information, please contact our USO SEATAC Center Manager Matt Sult at (253) 722-7082 or [msult@uso.org](mailto:msult@uso.org). The USO has valued the support of the Boeing Bluebills for many years - thank you.

## February Meeting Summery

*By Dick Beham & Norma Vaughn*

Richard Vaughn began the meeting at 10:30 AM with the Pledge of Allegiance. There was one February birthday in attendance, Tom Moberg 91. Richard Vaughn then read this, It was in recognition of the 68<sup>th</sup> wedding anniversary of Richard and Norma Vaughn who were married on February 7, 1954.

*“Look back to 1937, Kindergarten.*

*I met a sweet little girl. I had several run-ins (our paths crossed) with this little girl right up to the 1950's. In high school she appeared again. We had several classes together where I teased her and made classes miserable for her. She got in trouble with the teacher, Lucy Headrick, but I didn't.*

*In 1950 we dated for the Senior Prom and graduated together that year. In January, 1954, I returned from my Air Force tour of duty in Korea and we were married on February 7, 1954, in Winfield, Kansas.*

*Over the years Norma raised our four children and I traveled around the world with The Boeing Company.*

*I have never wished for a different life nor stepped out of line in the 68 years (well, maybe a little).*

*But, my story is:*

*Your marriage promise – “TILL DEATH DO US PART” – hopefully it means more.”*

Richard then read the following email from Don Hilt, who is recovering from shoulder surgery, regarding Margaret Stone:

*Happy Valentine's Day, Ladies,*

*We wanted to let you know that Margaret Stone slipped on stairs at home and broke her right ankle on January 20. She had surgery on January 21 at Valley General Hospital and was released 3 days later.*

*She was transferred to Mission Healthcare in Renton for rehab and has been there ever since. She is still unable to bear weight on her right foot and ankle - so it will be a while before she returns home.*

*Since family and friends are **not** allowed to visit, we know she would appreciate calls or cards of encouragement. Her room phone number is 425-362-6244. She tells us the best time to call is between 7:00- 9:00 p.m. The number you dial will NOT be the one you see on your phone. She said, "Don't worry, the call will go through, it's just an older phone system."*

*I know Margaret would appreciate anything you might do to let Bluebills know about her current circumstances. She did give consent to make this information available to the BB members.*

*Notes/cards may be sent to:*

Margaret Stone  
Mission Healthcare at Renton  
17420 106th Place SE  
Renton, Washington 98055

Jim Beasley announced that he will work with Dick Beham to have a speaker soon that will, interactively, address us virtually at the chapter meeting. Should this work out for the next meeting we will notify everyone via email.

Today's attendance was somewhat low again, but COVID restrictions are being eased and some normalcy may soon return and if so we hope to see more of you at our next meeting on March 25th.

Once again we extend our thanks to the Lake Shore Retirement Community, who donated Cookies for our meeting.

Volunteer hours may be submitted to Mary at [marybarri20@gmail.com](mailto:marybarri20@gmail.com) or Dick Beham at [bbbeditor@live.com](mailto:bbbeditor@live.com).

## **Bits and Pieces**

### **A SILVER SPOON**

A silver spoon,  
a token from a stable loving home  
elegant yet humble  
simply engraved in classic German cursive,  
Ernst, my father's spoon  
from his childhood in Germany.

The spoon was safely kept in his home,  
when he ran away to sea at fourteen,  
while he had adventures on three masted schooners  
rounding the horn, storms at sea,

through the years at the Naval Academy,  
the war, on U boats, ready to spill his enthusiastic  
young blood for the Kaiser. Still nestled in a drawer,  
when Germany lost the war, when his mother  
died of influenza in 1918, with  
Hitler small on the horizon.

Aunt Tilda saved everything in their mother's home.  
The spoon stayed in her care long  
after my father came to America,  
married my mother, fought another war,  
this time against his homeland, Hitler  
no longer small on the horizon.

The spoon, still nestled in its drawer,  
when I was born, grew up, married and had children.  
My father took my mother to visit the homeland  
and that was when Tilda reunited him with his spoon.

I was seventy when I found it  
In my mother's belongings after she died.  
I had never seen it before. Knowing that my father lips  
had touched this spoon that fed him his  
youthful soup and porridge, lips that kissed my mother and me,  
lips that spoke perfect German, French and English,  
This simple silver spoon was connecting me  
to all the chapters of my father's life, between two wars,  
between two cultures between life and death

*Carla Becker January 13, 2020*

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## Medicare.gov

*Submitted by Micki Brown*

Have you gotten robocalls, text messages, or emails offering COVID-19 tests in exchange for your Medicare Number? **Be careful! Scammers are selling fake and unauthorized at-home COVID-19 test kits** in exchange for your personal or medical information. Do not give out your Medicare Number for COVID-19 test kits!

**Make sure to purchase FDA-approved COVID-19 test kits from legitimate providers.** Over-the-counter or at-home tests are available for sale around the U.S. at many reputable and

*(Continued on page 5)*

trustworthy retailers and pharmacies.

Remember, each household in the U.S. can also have four free COVID-19 at-home tests shipped directly to their home at no cost. Visit [COVIDtests.gov](https://www.covidtests.gov) to order tests or learn more about testing.

**If you suspect fraud, call 1-800-MEDICARE to report it.**

Sincerely,  
*The Medicare Team*

## **Journey to Dementia – Part 2**

*By Doug Hoople*

The saga continues. Getting a solid defined diagnosis for dementia is a continuous process. After seeing the [neuropsychologist](#), we were able to get a referral to see a neurologist at Swedish Hospital. (The neuropsychologist looking at behavior, the neurologist looking at what's going on in the brain.)

Her diagnosis was Lewy Body Dementia (LBD) with Parkinson's syndrome aspects. Additional tests would be needed to provide medical data to back up observational behavioral evidence and to get a measure of the disease. This did allow us to obtain a medication (donepezil) to help with some of the behavioral problems caused by the LBD.

A side note: Lewy Body Dementia, Parkinson's disease, bradykinesia, Cortibasal Syndrome, Alzheimer's disease are all only diagnosed with 100% certain with an autopsy.

So, we got scheduled for a DaT scan, a single photon emission computed tomography (SPECT) brain imaging to assist in the evaluation of suspected parkinsonian syndromes. This provided evidence of a presynaptic dopaminergic deficit. A fancy way of saying decreased dopamine uptake in the basal ganglia indicative of the Parkinson's syndrome. Which basically means your brain isn't communicating very well, you're not moving around too well, shuffling your feet, etc.

This also led the doctors to believe Cheryl does have Lewy Body Dementia or Cortibasal Syndrome (CBS), which are treated in the same manner (and that she does not have idiopathic Parkinson's). And now we have a new medication (memantine) to help her be a little brighter and have less hallucinations.

*(Continued on page 6)*

At this point, it is important to remember that your primary responsibility is to the safety of the patient.

All aspects of safety, not just hurting oneself. Consider that your patient can't make the best decisions on eating, drinking, sleeping, exercise, basically day to day decisions. You need to be the patient's advocate for almost everything all day long.

That is why it is impossible for you to be the primary care giver and the spouse at the same time. You need to get help into your home and need to be looking at future care needs. Our older house does not have the wide halls and doorways suitable for wheelchair use. When that becomes a necessity, a change in residence will have to be made.

Or do you have to make a change earlier because of patient care needs? These are the questions you need to work out early. Finding the best care facility, with a good match of personalities, costs, locations, etc. is best planned without a time crunch.

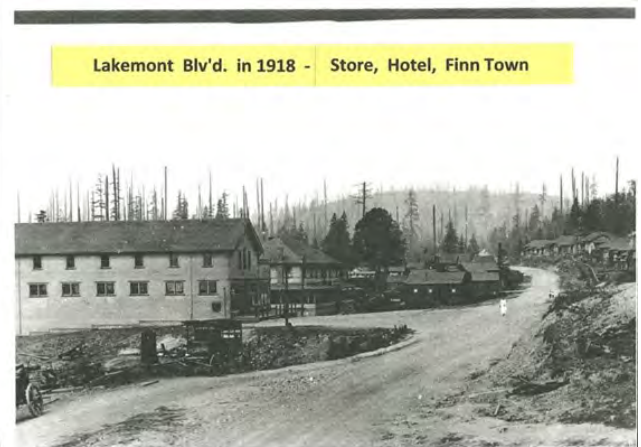
Again, decisions to be made with the patient and safety in mind.



## How to Preserve the End of an Era?

By EHC Volunteer Steve Williams

At the end of Lakemont Boulevard in south Bellevue sits a red two horse barn, five acres of pasture grasses, and the last coal miner dwelling of the 1920's town of Newcastle. For over 100 years coal was dug out of Cougar Mountain and shipped to San Francisco, turning Seattle into a major seaport by 1880. Seattle's population then was 3,533; but Newcastle by 1918 had well over 1,000 people living right here at Coal Creek. Note the Company Store, Hotel, and Finnish miner's homes on both sides of Lakemont Boulevard in the photo below. Today the road is in the same place, but it is no longer a dirt track with transport only by horse wagons



The last coal miner in the area, Milt Swanson, lived in company house #180 there at the end of Lakemont Boulevard opposite the barn. He worked for the B & R Co. until the end of mining in 1963. For the next 30 years he hosted hikers and school groups in a little museum he established in a renovated chicken shed out behind the house. Milt had maps and tools and stories of work in the tunnels and shafts under everyone's feet. He also founded the Newcastle Historical Society and served as its President for many years. (The new 3rd City of Newcastle made him "Citizen of the Year" in 2008). He and his brother John provided tools and artifacts and stories at 15 events sponsored by the Issaquah Alps Trails Club across the street at the Red Town Trailhead.

The "Return to Newcastle" event happened on the first Sunday in June each year. It was a reunion for the miners and their families, and a chance for the trail club to introduce new residents to the woods and local trails. With help from Harvey Manning and others, those events led directly to saving Coal Creek and Cougar Mountain and turning them into public parks that are wildly popular today. Parking lots are jammed on weekends and sunny afternoons. Trails and fresh air have always been enjoyed by people; but nature and exercise have become really important to all of us in these times of Covid.



Today that historic house #180 property is owned by an outfit called Isola Homes and they are applying for permits to bulldoze it all flat and wedge 35 private houses in there between the two parks. Local citizens began a movement called "Save Coal Creek" to instead preserve the property as a wildlife crossing, a safer hiker crossing, meadow habitat, and perhaps add some trailhead parking while preserving historic features like the barn. If you enjoyed seeing the coal car in the front yard, the open pasture, and one of the last barns in South Bellevue – the question is "Will Bellevue sacrifice it all for just 35 exclusive and expensive private homes?" A public hearing is anticipated in the spring. Visit [www.savecoalcreek.org](http://www.savecoalcreek.org) for updates and more detailed information.

March 13th





## **Myron Vogt**    **March 10, 1936 – January 12, 2022**

*From: PSO BLUEBILL FLYER February 2022, Dave Jackson, Chair*

It is with great sorrow that I report one of our founders and a great man, Myron Vogt, passed away near his family in Georgia this January. Myron was an inspiration to us all, he and his leadership will be greatly missed. The family has requested in lieu of flowers that a donation be made to the Bluebills.

Since Myron's move from Port Ludlow in 2021, the leadership team has been discussing ways to honor Myron's vast contributions to our community. It is my honor to announce the Bluebills will have an "Myron Vogt" annual award starting in 2022. The board is still working on the details of the qualifications for the award, but first and foremost the person or persons will have to be "Active Volunteer (s)" in our community. More details to follow. Please keep yourselves and your families safe. We hope to meet in person in the near future. Thank you for all your efforts in and around our area.

### **Myron Vogt's Obituary**

Myron Charles Vogt, age 85, passed away on January 12, 2022, after a long battle with cancer.

Myron is survived by his wife of 56 years, Valeria, his daughter, Jennifer Molloy of Issaquah, WA, his son David Vogt of Atlanta, GA, and his son Joe Vogt of Vancouver, BC, Canada. His grandchildren are Jacob Molloy, Justin Molloy, Jessica Molloy, Charlie Vogt, Addison Vogt and Holly Vogt.

Myron was born on March 10, 1936, to Ester and John Vogt in Troy Township, Renville County, Minnesota. He attended the University of Minnesota earning a degree in Aeronautical Engineering and was recruited by the Boeing Company in Seattle, WA.

After three years in Seattle, he wanted to join Boeing Field Service, moving around the world introducing the jet plane to various airlines. During his first assignment in Miami, Florida, he met and married Valeria Young, leaving Miami the day after their wedding for Edmonton, Alberta, Canada. His many assignments took them to Winston-Salem, NC, where their first child, Jennifer was born. After that came Dublin, Ireland, where their son, David was born. Next came Montreal, Quebec, where their son, Joe was born.

So now they were five and moved together to Vancouver, BC, Canada, Copenhagen Denmark, Bellevue, WA and finally to Tokyo, Japan, where Myron was promoted to Regional Director with Boeing Customer Service, supporting seven airlines in Asia and Southeast Asia for the next three years.

Myron retired from Boeing after thirty-four years and he and Valeria moved to Port Ludlow,



living on a golf course , able to play regularly. He made many friends at the Port Ludlow Golf Coarse. That was one of his greatest pleasures.

Myron and Valeria moved one last time to Atlanta, GA to be near their son, David and his wife Desiree.

Myron will be remembered by all as a very kind and generous man who devoted his life to his family and those around him who were in need.

He will be sorely missed by his family and all who knew him.

 *In Memoriam*

**Bluebills**

**Calendar of Events 2022**  
**In Person Meetings**

<i>Jan 28</i>	<i>Chapter Monthly Meeting</i>
<i>Feb 25</i>	<i>Chapter Monthly Meeting</i>
<i>Mar 25</i>	<i>Chapter Monthly Meeting</i>
<i>Apr 29</i>	<i>Chapter Monthly Meeting</i>
<i>May 27</i>	<i>Chapter Monthly Meeting</i>
<i>Jun 24</i>	<i>Chapter Monthly Meeting</i>
<i>Jul 29</i>	<i>Chapter Monthly Meeting</i>
<i>Aug 26</i>	<i>Chapter Monthly Meeting</i>
<i>Sept 30</i>	<i>Chapter Monthly Meeting</i>
<i>Oct 28</i>	<i>Chapter Monthly Meeting</i>
<i>Nov 18</i>	<i>Chapter Monthly Meeting</i>
<i>Dec 16</i>	<i>Chapter Monthly Meeting</i>

**Food Bank Schedule For 2022**

Cash donations collected at each monthly meeting to be given to a different food bank each month.

<i>January</i>	<i>Highline</i>	<i>Heinz Gehlhaar</i>
<i>February</i>	<i>Bellevue</i>	<i>Doug Hoople</i>
<i>March</i>	<i>Federal Way</i>	<i>Lonnie Stevenson</i>
<i>April</i>	<i>Maple Valley</i>	<i>Vaughn's</i>
<i>May</i>	<i>Kent</i>	<i>Melinda Stubbs</i>
<i>June</i>	<i>Auburn</i>	<i>Martha Battles</i>
<i>July</i>	<i>West Seattle</i>	<i>Heinz Gehlhaar</i>
<i>August</i>	<i>Tacoma</i>	<i>(open}</i>
<i>September</i>	<i>Renton</i>	<i>Eleanor Skinner</i>
<i>October</i>	<i>White Center</i>	<i>Heinz Gehlhaar</i>
<i>November</i>	<i>Des Moines</i>	<i>Lonnie Stevenson</i>
<i>December</i>	<i>Issaquah</i>	<i>Eleanor Skinner</i>

**Bluebills - Heritage Chapter**  
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- |                  |                                                                                                                      |
|------------------|----------------------------------------------------------------------------------------------------------------------|
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| Norma Vaughn     | <b>Office Manager</b><br><a href="mailto:abbyrose00@msn.com">abbyrose00@msn.com</a>                                  |
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| Dick Beham       | <b>Newsletter—Webmaster</b><br><a href="mailto:bbbeditor@live.com">bbbeditor@live.com</a>                            |
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| Jim Beasley      | <b>Speaker Coordinator</b><br><a href="mailto:jimcarlab@hotmail.com">jimcarlab@hotmail.com</a>                       |
| (Open)           | <b>School Supplies for Children</b><br><a href="mailto:bluebills@boeing.com">bluebills@boeing.com</a>                |

**Don't Forget to  
Report Your Hours!**

# Bluebills Heritage Chapter Meeting

**March 25, 2022 10:00AM**

**Social 10:00AM, Meeting 10:30 - 11:30AM**

**Speaker: TBA**

**Subject: TBA**



*Coffee and Doughnuts  
provided*

*Bring a non-perishable food item to monthly meetings to be given to a different food bank each month.*

The Bluebills monthly meetings are held at the VFW Post 1263, 416 Burnett Ave South, Renton, WA. Parking is available in the lot immediately across the street from the VFW.

## Bluebills Monthly Volunteer Hours

**Volunteer Name** \_\_\_\_\_

**Phone Number** \_\_\_\_\_

\_\_\_\_\_ **Hours worked** \_\_\_\_\_ **For** \_\_\_\_\_  
(month/year) (agency name)

\_\_\_\_\_ **Hours worked** \_\_\_\_\_ **For** \_\_\_\_\_  
(month/year) (agency name)

\_\_\_\_\_ **Hours worked** \_\_\_\_\_ **For** \_\_\_\_\_  
(month/year) (agency name)

Please send completed hours form to Bluebills, PO Box 3707 1K-B02, Seattle, WA 98124  
Email to bluebills@boeing.com or bring to Bluebills monthly meeting